



THRIVE
COUNSELING & WELLNESS

REFERRAL LIST
El Paso, Texas

THERAPISTS

**Hilary Hernandez, LPC, LMFT, Registered
Play Therapist**

New Journey Counseling, PLLC
710 N Campbell St. 79902
915-479-1898

**Maria Rios, LPC, Registered Play
Therapist**

105 E Castellano, Suite C
El Paso, Texas 79912
915-373-5493

**Viridiana Rubio, LPC, Registered Play
Therapist**

The Root Counseling, PLLC
Counseling for Children, Families, and
Adults
915-667-4521

**Sarah Swafford, LPC, Registered Play
Therapist**

Mindful Counseling & Wellness, PLLC
710 N Campbell St. 79902
915-588-1252

Alec Kissack, LPC-S

5959 Gateway Blvd West, Suite 304
El Paso, TX 79925
915-694-5222

**Scott Pelking, LPC-S, Registered Play
Therapist-Supervisor**

New Dawn Psychotherapy
5764 N Mesa St, El Paso, TX 79912
915-584-5105

**Eunice Martinez, LPC, Registered Play
Therapist**

9440 Viscount Blvd, Unit #110
El Paso, Texas 79925
915-479-3249

Lizet Lopez-Longoria, LPC
Balanced Therapy Center
915 242-3574

Karis Wong

Cultivate Counseling and Consulting
info@kariswong.com
818.527.4785

Monica McGowan, LMFT, LPC, NCC

1520 N Campbell St.
El Paso, TX 79902
915 209-3957

Michael J. Gately LMFT, LCSW

1733 Curie Dr # 204
El Paso, TX 79902
915 542-4951



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THERAPY GROUP PRACTICES/ COMMUNITY ORGANIZATIONS

Associated Behavioral Trauma
Specialities (ABTS).

9434 Viscount Boulevard #234
El Paso, TX 79925
915-799-0747

Buen Salud

Various locations in El Paso + New
Mexico
575 824-9000

Child Guidance Center

2701 Yandell Dr.
El Paso, TX 79903
915-562-1999

Sawyer Behavioral Health

4157 Rio Bravo St.
El Paso, TX 79902
915-533-8696

Steven A. Cohen Military Family Clinic
at Endeavors

Military and veterans
915-320-1390

Center Against Sexual and Family
Violence (CASFV).

Educational programs and crisis
intervention for domestic violence
survivors
580 Giles Rd
El Paso, TX 79915
915-593-7300

Borderland Rainbow Center (BRC).

LGBTQI counseling and other services
2714 Wyoming Ave, El Paso, TX 79903
915-263-4623

Project Vida

Various locations throughout El Paso
915 533-7057

Family Service of El Paso

6040 Surety Dr
El Paso, TX 79905
(915) 781-9900



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PSYCHIATRIC SERVICES

Texas Tech Psychiatry
Adults + Child Services
915-215-5850

Dr. Oscar Perez
Adult Services
915-533-5550

Dr. Ed Borrego
Adult Services
915-842-9585

Dr. Octavio Gutierrez
Adult Services
915-307-4320

Dr. David Brooks
Child + Adolescent Services
915-231-9300

Blue Bonnet & Adolescent
Psychiatry
Child + Adolescent Services
915-532-9200

INPATIENT PSYCHIATRIC HOSPITALS

Emergence Health Network
915-747-3510

El Paso Behavioral Health System
1900 Denver Ave
El Paso, TX 7990
915-544-4000

Peak Behavioral Health
5065 McNutt Rd
Santa Teresa, NM 88008
575-589-3000

Rio Vista Behavioral Health
1390 Northwestern Dr
El Paso, TX 79912
915-799-0028

El Paso Psychiatric Center
4615 Alameda Ave
El Paso, TX 79905
915-532-2202



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OTHER MENTAL HEALTH RESOURCES

Child Protective Services - Texas
1-800-252-5400

Emergency Crisis Hotline
915-779-1800

Emergency Text Line
741741

CASV Crisis Hopeline
915-593-7300

EL Paso Center for Children Hotline
915-588-6542

Military One Source Hotline
1-800-342-9647

National Veterans Crisis Hotline
1-800-273-8255, press 1

National Women Veterans Hotline
1-855-829-6639

National Sexual Assault Hotline
1-800-656-4673

National Domestic Violence Hotline
1-800-799-7233